

IT IS CLAIMED:

1. An apparatus for treatment of constipation comprising a substantially horizontal bar supported by a suspension means and suspended a sufficient distance above a toilet to allow a person using said toilet to passively semi-hang from said bar.

2. An apparatus in accordance claim 1 wherein said suspension means is a free-standing base having four downwardly extending legs.

3. An apparatus in accordance with claim 2 wherein said base comprises

a cross-bar having attached at a substantially right angle to each end thereof a downwardly extending leg, each said leg having a lower end constructed and arranged for contacting and positioning on a surface, and

a downwardly extending support member attached to an upper end of each said leg by a sleeve, each said support member having a lower end adapted to contact said surface,

wherein each said leg together is said suspension means.

4. An apparatus in accordance with claim 3 wherein said horizontal bar includes at each end thereof a section of pipe attached at a right angle to said horizontal bar, each said section of pipe adapted to slidably circumsphere a respective said leg.

5. An apparatus in accordance with claim 3 wherein the length of each said leg and each said support member is adjustable.

6. An apparatus in accordance with claim 3 wherein each said sleeve comprises a pathway for receiving an upper end of a respective said support member and a cylinder adjacent thereto for receiving an upper end of a respective said leg,

wherein said support member is hingedly affixed to said sleeve.

7. An apparatus in accordance with claims 5 wherein said lower end of each said support member includes a suction cup for securing each said support member to a surface.

8. An apparatus in accordance with claim 3 wherein said lower end of each said leg comprises a non-skid foot hingedly attached thereto.

9. An apparatus for treatment of constipation comprising:

a cross-bar having attached at a substantially right angle to each end thereof a downwardly extending leg,

a downwardly extending support member hingedly attached to an upper end of each said leg, and

a horizontal bar connected at each end thereof to a respective said leg, said horizontal bar supported a

sufficient distance above a toilet to allow a person using said toilet to passively semi-hang from said cross-bar.

10. An apparatus in accordance with claim 9 wherein said horizontal bar includes at each end thereof a section of pipe attached at a right angle to said horizontal bar, each said section of pipe adapted to slidably circumsphere a respective said leg.

11. An apparatus in accordance with claim 9 wherein the length of each said leg and each said support member is adjustable.

12. An apparatus for treatment of constipation comprising:

at least one arm extending upward from a toilet,  
and

a horizontal bar supported by said at least one arm,

wherein said horizontal bar is a sufficient distance above said toilet to allow a person using said toilet to passively semi-hang from said horizontal bar.

13. An apparatus in accordance with claim 12 wherein said at least one arm has a means of adjusting the length of said at least one arm.

14. An apparatus in accordance with claim 13 wherein said at least one arm extends from a lid of said toilet.

15. An apparatus in accordance with claim 13 wherein said at least one arm extends from a water tank of said toilet.

16. An apparatus in accordance with claim 14 wherein said toilet includes at least one brace for releasably securing said lid in an open position.

17. An apparatus in accordance with claim 12 wherein said horizontal member includes handles.

18. An apparatus in accordance with claim 15 wherein said water basin includes a recess for receiving said at least one arm when said at least one arm is retracted into said water tank.

19. An apparatus in accordance with claim 14 wherein said lid includes a recess for receiving said at least one arm when said at least one arm is retracted into said lid.

20. A method of treating constipation comprising steps:

positioning a person on a seat of a toilet,  
straightening a person's torso,  
slightly reclining said person's torso toward a  
water tank of said toilet, and

positioning a person's feet on a surface a  
sufficient distance in front of said toilet so that said  
person's hips are positioned above said toilet seat.

21. A method of treating constipation in accordance with claim 20 wherein a person's arms are extended upward.

22. A method of treating constipation in accordance with claim 21 wherein said person passively semi-hangs from a bar.